



*Making a Difference in
Our Community*



Our Mission

To support and encourage individuals and families to achieve their full potential as members of their community

This program funded by



Southeast Alberta
Child and Family Services Authority



Program Team Leader
403-527-1588 ex. 36

www.mcman.ca

Charitable Registration Number:
11903 5947 RR0001

Accredited by CARF, the Commission on Accreditation of Rehabilitation Facilities



Skill Building Youth Work

McMAN YOUTH, FAMILY AND COMMUNITY
SERVICES ASSOCIATION

www.mcman.ca

Skill Building Youth Work...

assists children and youth, who are experiencing emotional and/or behavioural difficulties, to develop the social and life skills they need in order to be successful at home, at school and in the community. Committed and highly skilled McMan staff develop a trusting relationship with each participant and provide individual skill building sessions on a variety of topics. Participants of the program learn skills in the following areas: communication, problem solving, anger management, expressing feelings, and self-esteem. Life skills such as making positive choices and taking responsibility are also taught. Individual sessions are offered during the school year and a small group summer program is offered for six weeks during the summer months. Participants can start the program at any time and are discharged when their personal goals have been met.

We serve...

children and youth between the ages of six and eighteen who reside in foster care or are living in high risk families. Referrals are made through the Southeast Alberta Child and Family Services Authority.



Carmen was admitted to the Skill Building Youth Work Program at the age of nine. She had poor social/peer skills, low self-esteem and trust issues. At the time, Carmen was living in a kinship placement with a maternal grandparent as her parents struggled with addiction issues and incarceration. While in the program, Carmen worked on communication, assertiveness and problem solving as well as healthy relationships and self-esteem. Carmen's Youth Worker also helped her transition into foster care when her kinship placement broke down. Carmen worked hard to apply her newly acquired skills to her everyday life and used her Youth Worker as a resource when she was experiencing difficulties. Carmen has successfully achieved her program goals. She is happy in school and participates in recreational activities.

